



SCANNING YOUR DASHBOARD

WARNING LIGHTS
& HOLY HABITS

==== *for* ====

A LEADER'S SOUL

ROWLAND FORMAN

Mentor's Guide

How to Get the Most from this Resource

Scanning Your Dashboard is an invitation to slow down and pay attention to your own soul. It's great that you care for others; now pause to notice what is happening within. And respond with honesty and hope.

Dashboard Indicators allow you to spot what needs attention, as well as things that are functioning well—just as your car dashboard does. Each indicator in *Scanning Your Dashboard* has a short Warning Light and a Holy Habit devotional. Seven key indicators are included.

This resource is designed to:

- Be completed on your own. Each Dashboard Indicator has a Warning Light and a corresponding Holy Habit. Please complete each one slowly and prayerfully.
- Be shared with a trusted friend or mentor.
- Be included as part of your leadership team's commitment to personal development.

It is available:

- As a complete resource (full PDF 48 pages)
- As seven Dashboard Indicators (shorter PDFs 8 pages)

When You Meet

- Begin with prayer
- Ask a general question like, "What has resonated with you?"
- Work through some of the Warning Light "Respond & Discuss" questions, then one or two from the Holy Habit part of this

Dashboard Indicator. As a mentor or leader, make sure you listen more than talk.

- Some of the things addressed are very sensitive. As things like this arise, take time to pray about these together.
- Encourage each person to choose one small step to work on.

At the Start of Session 2-7:

- Ask the person or group you are meeting with to share any action steps they may have taken.
- Pause to pray and thank God before starting the next Dashboard Indicator.

Options:

1. Work through the seven Dashboard Indicators in sequence.
2. Choose whichever Dashboard Indicators are appropriate for individuals or your group.